

by Emma Bing

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## Stargate Universe Star Julia Benson talks beauty



(Photo by Melanie Kelly)

Actress Julia Benson is best known for her Leo Award winning role as 2nd Lieutenant Vanessa James on the hit series "Stargate Universe." But that's not the only place you may recognize this Canadian beauty from. Julia has many other credits to her name including the upcoming SyFy Channel's "Earth's Final Hours" and also guest starring roles on hit series like "Smallville" and "Supernatural" — sensing a sci-fi theme going on here! When this fanboy's dream girl is not lending her talent and beauty to the small screen it's a pretty safe bet that you can find her hiking with her dogs (burning calories and toning while playing with your four legged friend...sign me up!) I had a chance to ask sci-fi's go-to actress some beauty and fitness questions and here is what Julia had to say.

1.) What is always in your makeup bag? Your must haves. (If you could use product names that would be great... lipstick shades and eye shadows you love).

Lip Gloss! Victoria's Secret carries great glosses that have a bit of color but also act as a chapstick.

2.) You have gorgeous hair! What products do you love and swear by?

All my sisters and I got really thick hair from my mom! My hair is naturally curly and I love just letting it air dry but to control the frizz I use Moroccan Oil. It is amazing and it gives your hair tons of moisture!